

SHEET MASK GUIDE

Every Le Mieux sheet mask delivers a concentrated dose of peptides, antioxidants, and botanical actives — hydrating, calming, and smoothing skin with targeted formulas for face, eyes, and neck. In just one treatment, lines soften, radiance returns, and skin looks visibly firmer, brighter, and more refreshed.

Directions: Remove mask after 10-15 minutes and finish with moisturizer (and SPF if during the day).

Use weekly or as needed.



BIO CELL+ MASK	MOISTURE INFUSION MASK	MATCHA PEPTIDE CALMING MASK	TGF-β EYE FIRMING MASK	CRYO PEPTIDE EYE MASK	PROFORM NECK CONTOUR MASK
Anti-aging, firming, and glow for all skin types. A serum-infused mask with freeze-dried collagen delivers vitamin C and potent peptides for skin that looks brighter, smoother, and visibly firmer.	Instant hydration for dry, dehydrated skin. Anti-aging peptides, stable vitamin C, botanical extracts, and marine collagen work together to lock in moisture and boost collagen synthesis, leaving skin smooth and radiant.	Soothing, brightening gel mask infused with matcha, PDRN, and glutathione to calm visible redness and reveal a brighter, more balanced complexion.	Go-to under-eye mask for an instant eye lift — dramatically improves the look of fine lines and other visible signs of aging.	Dual-sided cooling, peptide-enriched hydrogel masks that instantly refresh and depuff both upper and lower eye contours.	Age-defying probiotic neck mask with fermented red ginseng and potent antioxidants for smoother, more supple neck contours.
ACTION • Plumps & hydrates • Brightens dullness Targets lines & wrinkles	ACTION • Deeply hydrates • Minimizes expression lines Brightens dullness	ACTION • Calms visible redness • Brightens dullness Evens complexion	ACTION • Targets under-eye • Hydrates, firms & lifts Improves elasticity	ACTION • Fits upper & lower eyes • Reduces puffiness • Cools stressed skin	ACTION • Targets lines & crepiness • Locks in moisture • Enhances firmness
FOR All skin types Hyperpigmentation Lines & wrinkles	FOR Dry Sensitive Stressed	FOR All skin types Stressed, irritated skin	FOR All skin types Puffy eyes Signs of aging around eyes	FOR All skin types Puffy & tired eyes Stressed eyes	FOR All skin types Crepiness

PRO TIP: Serum-soaked sheet masks are ideal for soothing, cooling, and re-hydrating skin post-procedure.

Boost serum penetration by layering Gua Sha Thermalift, Skin Perfecter, or positive galvanic/microcurrent treatments on top.